



On page **2** ... Latest Church Family News, Upcoming Events

On page **3** ... Our Regular Events, Contact Details, Rule for Life

THOUGHT FOR THE WEEK — Shirley Fairclough

So many things and situations bring a sense of wellbeing for me – quiet contentment with my life, the love of family and friends, freedom to share and express thoughts on all sorts of subjects, hearing the laughter of a child, feeling the sea breeze on my face and being thankful for all the people who have shaped my life.

On the last point, it's amazing when I think of past teachers, friends, Mum and Dad, work colleagues - but most of all our Saviour Jesus Christ. He came into my heart when I was 12 years old and I've done my best to follow Him ever since. He has been a loving presence through all the ups and downs of life.

It will soon be 52 years since I became a Mother and this gave me a sense of great joy and still does! Subsequently the arrival of grandchildren fulfilled my life, sharing my days, giving me a great sense of wellbeing. It doesn't have to be a big thing to do this, but the quiet simple things can do the trick – a smile, a hug, someone asking how I'm feeling.

We're gathering in church this Sunday 22nd February at 10.30 am for our second Well-Being Service – an informal mix of fellowship and refreshments, prayers, reflection and activities for all ages. Everyone will be most welcome to come along for spiritual sustenance.

Always pray to have eyes that see the best in people, a heart that forgives the worst in people and a soul that never loses faith in God.

Until next time, remember to always be thankful for what you have.

God bless.

In your daily prayers, please remember especially the following members of our church family:

Stephanie Cater, Brian Fairclough, Sarah Russell, Dorothy Williams, Mike Oswald, Janet Humphries, Sue Kirby, Lesley Davies, Agnes Yarwood, Peter Fallows, Bernadette Hallman, Alf & Maureen Fairclough, Carol Swinyard, David Brooks, Catherine Howe, Rob Scott, Rob MacDonald, Roger Jenkins, David Mason, Dave Smyth, Gwyneth Shackleton, Gordon Orritt, Stuart Prendergast, Adam, Ellie Clark, Anne & Joe Johnson, Cathrine Munikwa, Gill Sanderson, Chris Oxley, Lol Crilly and the bereaved family & friends of Clifford Radford



Names for this prayer list
can be e-mailed to:
stnicspa@gmail.com

St. Nicholas Church, Bridge Road,
Blundellsands, Liverpool L23 6SS



Keep up to date online with our church family at:

www.stnicholasblundellsands.org

and



[stnicholaschurchblundellsands](https://www.facebook.com/stnicholaschurchblundellsands)

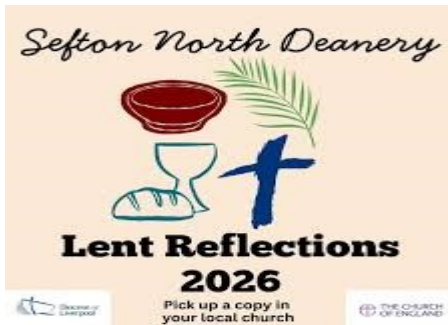
LATEST CHURCH FAMILY NEWS & UPCOMING EVENTS



Our next Well-Being service is at **10:30am on Sunday 22nd February.**

Do join us for an informal service of fellowship, prayers, reflection and activities for ALL ages. Refreshments provided throughout.

We would love to see you!



The Sefton North Deanery Lent reflection booklets are printed and available in church with a reflection for each day leading up to Easter.

These have been written by people across the deanery and diocese including our link churches in Germany and our own Wednesday Bible Study group.

Please take one per household for your Lent reflections.



We will be hosting one of our popular Quiz Nights on **Friday 20th March at 7pm.** Teams of up to 8 people are very welcome!

Cheese, chutney and crackers will be provided, but please bring your own drinks, nibbles and glasses!

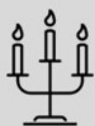
Tickets are £5 for adults (children are free) and are available from Derek at derekp99@gmail.com or text to 07799037470 with the number of tickets required. Please also advise him of any food intolerances/dietary requirements



The plaques with the new names are now placed in our Memory Garden.

Please note that, as some of the older plaques were becoming illegible, the names from them are now incorporated on the new plaques.

PRAYER OF THE MONTH

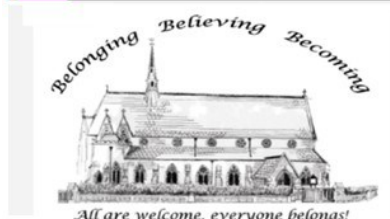


Prayer For February

Creator God, as we see snowdrops emerging and the shoots of daffodils, we thank you for your patterns of renewal and rebirth. Lord, help us to grow in faith and action. May our trust in you make this world a brighter place for everyone.

Amen.

 St. Nicholas Church, Blundellsands



OUR REGULAR SERVICES/EVENTS

SUNDAYS

8.30am - Eucharist (Book of Common Prayer on **1st Sunday** of each month)

10.30am - Eucharist

10:30am All Age Service on **2nd Sunday** of each month (No Eucharist)

4.30pm - Picnic Praise on **1st and 3rd Sundays** of each month.

MONDAYS

6:00pm – Prayers together in the council chamber

WEDNESDAYS

9:00am -10:00am Church is open for private prayer

10:15am - Eucharist and Bible Study

THURSDAYS

9:00 am - 1:00pm - 'Soupa Thursday'.

Tea/coffee, toast, soup, company and chat

6:00pm - 7:00pm - Bridge Youth Group



St. Nicholas Church, Blundellsands



THIS MONTH'S RULE FOR LIFE

**Called to pray, read and learn.
Sent to tell, serve and give.**

Suggestions for February...

Read the book of Acts – it's got 28 chapters, one for each February day.

Pray each day – "Bless the Lord my Soul!" and give thanks for 3 things.

Learn Exodus 34 verse 6 and keep reminding yourself.

Tell your family and friends about our next 'Well-being service' on 22nd Feb at 10.30am

Serve – give some thought and prayer towards standing for the church council in April or joining one of the teams – more info to follow...

Give the Parish Giving Scheme a look <https://www.parishgiving.org.uk/> It's an easy and simple way to regularly support your church in a way that suits you. Beth can give you further details.

Please e-mail items for newsletter
(by Wednesday 9 a.m.)
to: stnicspa@gmail.com



Feel free to contact us:

Rev. Beth Anderson (Vicar)



07734 088 039



bethanderson68@hotmail.com

Our 10:30 Sunday Service is
LIVE STREAMED

@



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Palm Sunday 29th March 2pm - 5pm

Party Sunday!

Holy Week (Mon, Tues, Wed) 7pm

Meditations

Maundy Thursday 7pm

L23 Maundy Thursday service at All Saints & St. Frideswyde's

Good Friday 2pm

An hour at the cross

Easter Sunday 8:30am and 10:30am

Easter Eucharist



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